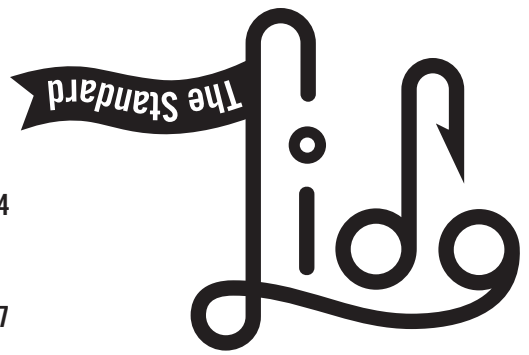


LUNCH

SMALL & SHARE

Fresh Burratina Cheese	14
Cherry Tomato and Haricot Vert Salad, Truffle Vinaigrette Cracked Pepper and Sea Salt	
Rock Shrimp Ceviche	17
Citrus Juices, Sweet Potato, Choclo, Jalapeño and Cilantro	
Tuna Tartar	17
Fresh Local Tuna, Sliced Cucumber, Macadamia Nuts, Tobiko and Ponzu	
Mediterranean Grilled Flatbread	14
Hummus, Tomato, Olives, Feta, Mushrooms and Sprouts Add Chicken \$6, Octopus \$10, Shrimp \$10 or Tofu \$5	
Living "Lasagna" Vegetable Terrine	18
Served Cold; Layered Cashew Nut Cheese, Raw Tomato Sauce, Nut & Veg "Sausage," Sliced Zucchini and Squash "Pasta"	
Sunset Beach Calamari Salad	15
Crispy Calamari, Frisee Lettuce, Chive; Carrot-Ginger House Vinaigrette	
Raw Kale Salad	16
Fresh Chopped Kale, Raisins, Carrot, Pine Nuts, Cider Vinegar & Olive Oil	



BITES

Sliced Avocado	6
Petite Cheese Plate	12
Boris's Chicken Empanadas	14
French Fries	7
Tater Tots	7
Grilled Asparagus	7
Mezze Plate	15
Hummus	5
Baba Ghanoush	5
Chick Peas	5
Olives	6

MAIN PLATES

Sprouted Grains & Organic Greens Salad	14
Quinoa and Lentil Live Sprouts, Mixed Greens, Avocado; Carrot-Ginger House Vinaigrette Add Chicken \$6, Octopus \$10, Shrimp \$10, Tuna \$10, Falafel \$6 or Tofu \$5	
Greek Style Local Tomato Salad	14
Local Tomatoes, Diced Cucumbers, Niçoise Olives, Feta Cheese & Arugula; Oregano Vinaigrette Add Chicken \$6, Octopus \$10, Shrimp \$10, Tuna \$10, Falafel \$6 or Tofu \$5	
Mussels a la Plancha	23
PEI Mussels Cooked on an Iron Skillet; Drawn Butter and Cracked Pepper, Served with French Fries	
Grilled Mediterranean Branzini	31
Brushed with Olive Oil; Gigante White Bean, Baby Artichoke & Niçoise Olive Ragoût; Oregano Vinaigrette	
Skirt Steak Frites	31
10 ounce Center Cut Skirt Steak; Salsa Verde	
Blackened Salmon	27
Sustainably Farmed Scottish Salmon; Shaved Napa Cabbage, Arugula & Cherry Tomatoes; Greek Yogurt Dressing	
Grilled Madagascar Shrimp	27
Three Madagascar Head on Shrimp, lightly Grilled, Served with Quinoa Tabbouleh, Olive Oil and Sea Salt	
Char Grilled Octopus	29
Gigante White Bean, Baby Artichoke & Niçoise Olive Ragoût; Oregano Vinaigrette	
Egyptian Kamut Pasta	17
Toasted Garlic, Spinach, Fresh Mozzarella & Basil Add Chicken \$6, Octopus \$10, Shrimp \$10	

SANDWICHES

Served with Side Green Salad

Lido'wich	14
Sliced Turkey Breast, Fromage Blanc, Cucumber, Oven Dried Tomato Whole Grain Mustard; Lightly Pressed on Multi Grain Toast	
Caprese Panini	16
Fresh Mozzarella Cheese, Vine Ripe Tomatoes; Basil, Pine nut and Arugula Pesto Add Chicken \$6	
Falafel Wrap	17
Greek Style Pita, Tomatoes, Red Onion, Alfalfa Sprouts; Harissa Spiked Yogurt Sauce	
Mini Burgers	17
Lettuce, Tomato, Onion, Cornichons; Choice of Cheese; Cheddar, Blue or American	
Veggie or Turkey Burger	17
Lettuce, Tomato, Onion, Cornichons; Choice of Cheese; Cheddar, Blue or American	
Mahi Cioppino Sandwich	23
Grilled Mahi-Mahi, Shaved Fennel, Roasted Tomatoes & Saffron Aioli	

DESSERT

Key Lime Tart	10
Fresh Berry Crumble	9
Chocolate Mousse	9
Ice Cream	6
Sorbet	6
PassionFruit Panna Cotta	9
Melon and Berry Plate	10
Chocolate Vegan "Ding Dong"	10